

HOW TO BECOME A SENIOR WINDSURFER IN SIX EASY STEPS

1. When you are ready to complete your Senior rating within the next quarter (or so), identify two current, active Seniors at the CSC who are familiar with your sailing and club involvement and are willing to mentor you in the process of becoming a senior. Their responsibility is to provide you with guidance and support throughout the process to become a better sailor, teacher, board repairer, etc. These mentors will also provide feedback to the senior ratings chair about your progress. They must contact the senior ratings chair at rate_windsurfing@cal-sailing.org to nominate you and indicate that they will serve as your mentor.
2. Email the senior ratings' chair at rate_windsurfing@cal-sailing.org to express your intent to become a senior. If you have a plan for a senior project you can bounce it off of her for ideas, or if you need advice then she and your mentors can help you figure out good ideas that match your strengths, help you to grow, and fill unmet needs at CSC. The senior ratings chair will consult with your mentors to provide you with feedback as to whether your overall level of judgment, record of safety, experience, sailing skills, high wind experience, club involvement, etc. are ready to begin the senior process.
3. If the ratings chair/committee agree that you are ready to begin the senior process, then you should contact ExComm for approval of your senior project. Talk to a member of ExComm and email them a written plan for your project (or email excom@cal-sailing.org). This part is administered entirely by ExComm, but you should keep communication open with the ratings chair to let them know the status of your project (approval, completion, etc).
4. Complete a bunch of things in parallel:
 - a. Lead the teaching of a Novice Class (land and water)
 - b. Teach a waterstart clinic (or board repair clinic if your senior project is water-teaching-based)
 - c. Repair two J or J+ boards that need fiberglass work and show your work to a member of the senior ratings committee
 - d. Demonstrate your ability to rig sails (from in the bag) to a member of the senior ratings committee, and rig five sails.
 - e. Demonstrate your ability to safely leave and return to the dock in a way that protects the boards
 - f. Sail lots, and make sure that your mentors members of the ratings committee know you are out there
 - g. Complete your senior project.
5. Complete the following two things in parallel once all items in 3 are complete:
 - a. Email the senior ratings' chair to complete your written test
 - b. Make a plan for a water test with a member of the senior ratings committee.
6. Once you have completed all of the requirements and become a Senior, the following are ongoing expectations:
 - a. 10 hours of volunteer work per quarter
 - b. Help teach at least one novice class per season; seniors are strongly encouraged to organize and teach a clinic on a topic of their interest/expertise, and to support junior/J+ fastracks
 - c. Mentor new senior candidates
 - d. Help your peers and less experienced windsurfers to improve, to understand and follow club rules, and to treat everyone and everything in our community with respect